



eborienteers

invite you to the

6th York City Park Race Trophy

Bank Holiday Monday 29th May 2006

York City Council have kindly given permission for a City Centre Race. Courses will take place in the Snickleways and Rowntree Park. Competitors will be issued with a pre-marked special map at scale 1:5000. Electronic punching will be used..

Directions: Use any of the York Park and Ride schemes and they will drop you off in the City Centre. Come by train and the start is a short walk from the Station. Otherwise leave the A64 York bypass and head into the City Centre. Keep going straight on and after 1.8 miles you will join the inner ring road. Various car parks are signposted off the inner ring road. Registration, toilets, Start and Finish will all be situated in the heart of the city in St. Sampson's Square (outside Nevis Sport and Brown's department store). A good road atlas with a street plan of York should show the places mentioned above. See also www.york.gov.uk/parking. There are literally dozens of cafes and pubs within 10 minutes walk of the car park. You can leave clothing bags at the start/finish

Entries:

Adults (21 and over)	£4.00	E.O.D. £6
Juniors (under 21)	£2.00	E.O.D. £4
E-Card hire	£1.00	

A charge of £15 will be made for lost E-Cards

Please send fees and 2 SAE's for final details and results

Limited entry on the day as numbers are restricted in the city centre.

Pre-entries by 15th May 2006, on the attached Entry Form (cheques made payable to Eborienteers) to:

Ann Smith
Weddow Hills
Oulston Road
Crayke
York YO61 4TP

Starts 1030 to 1230

Registration 1000 to 1200 (Limited entry on the day)

Courses close at 1400 and awards ceremony as near to 1400 as possible.

Enquiries should be posted to above address or Tel. 01347 821220

Trophies:

Trophies for	1st	A Course - Open Men (M18+)
	1st	B Course - Open Women (W18+)
	1st	A Course - Mature Men (35+)
	1st	B Course - Mature Women (35+)
	1st	A Course - Veteran Men (50+)
	1st	B Course - Veteran Women (50+)
	1st	C Course - Junior Men (M16-)
	1st	D Course - Junior Women (M16-)

Courses: There are 4 courses: A Men 5.0Km
 B Women 5.0Km
 C Short Men 2.5Km
 D Short Women 2.5Km

M/W 16 and under are only allowed on courses C/D for safety reasons. Parents should be aware that even Courses C/D use roads, which, while mainly pedestrianised, do have traffic on them (e.g. deliveries and disabled) although this is very much restricted after 11.30.

All courses involve navigating through the Snickleways and cobbled streets of York City Centre. All control sites will be manned.

Dogs: On lead in assembly area only.

Safety: Competitors take part at their own risk.

Officials: Planner: Steve Whitehead
 Controller: Mike Ridealgh
 Organiser: Ann Smith (01347 821220)

Entry Form

YORK CITY PARK RACE on 29th MAY 2006							
Contact Name: Address:							
Telephone:				E-Mail:			
DATA PROTECTION ACT: Details may be stored on computer. It may not be possible to enter anyone who objects							
E-CARD No OR 'HIRE'	GENDER M/F	AGE	NAME	CLUB	START	COURSE	FEE
<i>Hire</i>	<i>M</i>	<i>40</i>	<i>A N Other</i>	<i>A Club</i>	<i>Early/Mid/Late</i>	<i>A/B/C/D</i>	<i>£0.00</i>
No of sets of pre race info		No of sets of results			TOTAL FEE ENCLOSED		
Additional Info:							
Please enclose one SAE's (at least 9"x6") if you require results and a cheque payable to 'Eborienteers'. Any Final Details and Results will appear on the EBOR web site at www.eborienteers.org.uk							

Send to: Ann Smith
 Weddow Hills
 Oulston Road
 Crayke
 York
 YO61 4TP