



7th York City Park Race Trophy

Bank Holiday Monday 28th May 2007

York City Council have kindly given permission for the 7th City Centre Race. Courses will take place mainly in the Snickleways and medieval City Centre. Competitors will be issued with a pre-marked special map at scale 1:5000. Electronic punching will be used.

Directions: Use any of the York Park and Ride schemes, and they will drop you off in the City Centre. Come by train and the start is a short walk from the Station. Otherwise leave the A64 York bypass and head into the City Centre. Keep going straight on and after 1.8 miles you will join the inner ring road. Various car parks are signposted off the inner ring road and we recommend using the St. John's Street Car Park which is off Lord Mayor's Walk (part of the inner ring road on the NNE side of York between the road out to Helmsley and the one to Scarborough.) Registration, toilets, Start and Finish will all be situated in the heart of the City in St Sampson's Square, outside Nevis Sport. A good road atlas with a street plan of York should show the places mentioned above. See also www.york.gov.uk/parking. There are literally dozens of cafes and pubs within 10 minutes walk of the car park. You can leave clothing bags at the start/finish

Map: 1:5000 Resurveyed 2007 by Steve Whitehead.
Cartography completely revised 2007 by Cathy Odell to ISSOM2007 standard.
See article by Neil Northrop on www.compasssport.co.uk for details of new symbols.

Entries:

Adults (21 and over)	£6.50	E.O.D. £8
Juniors (under 21)	£2.50	E.O.D. £3.50
E-Card hire	£1.00	Jun 20p

Senior BOF members have a £2 discount on entry fees
A charge of £15 will be made for lost E-Cards

Limited entry on the day as numbers are restricted in the city centre.
Pre-entries by 15th May 2007, on the attached Entry Form (cheques made payable to Eborienteers) to:

Ann Smith
Weddow Hills
Oulston Road
Crayke
York YO61 4TP

Starts 1030 to 1200 It will be a punching start

Registration 1000 to 11.50 (Limited entry on the day)
Courses close at 13.30 and awards ceremony as near to 13.00 as possible.

Enquiries should be posted to above address or Tel. 01347 821220

Trophies:

Trophies for	1st	A Course - Open Men (M18+)
	1st	B Course - Open Women (W18+)
	1st	A Course - Mature Men (35+)
	1st	B Course - Mature Women (35+)
	1st	A Course - Veteran Men (50+)
	1st	B Course - Veteran Women (50+)
	1st	C Course - Junior Men (M16-)
	1st	C Course - Junior Women (M16-)

Courses: There are 3 courses: A Men approx 5.0Km
 B Women approx 5.0Km
 C Junior Men approx 2.5Km
 C Junior Women approx 2.5Km

M/W 16 and under cannot enter courses A or B for safety reasons. Parents should be aware that even Course C uses roads, which, while mainly pedestrianised, do have traffic on them (e.g. deliveries and disabled) although this is very much restricted after 11.30.

All courses involve navigating through the Snickleways and cobbled streets of York City Centre. All control sites will be manned.

Dogs: No dogs on courses

Safety: Competitors take part at their own risk.

Officials: Planner: Mark White
 Contoller: Roger Smith
 Organiser: Ann Smith (01347 821220)

Entry Form

YORK CITY PARK RACE on 28th MAY 2007								
Contact Name: Address:								
Telephone:				E-Mail:				
DATA PROTECTION ACT: Details may be stored on computer. It may not be possible to enter anyone who objects								
E-CARD No OR 'HIRE'	GENDER M/F	AGE	NAME	CLUB	START	COURSE	FEE	
<i>Hire</i>	<i>M</i>	<i>40</i>	<i>A N Other</i>	<i>A Club</i>	<i>Early/Mid/Late</i>	<i>A/B/C/</i>	<i>£0.00</i>	
No of sets of pre race info		No of sets of results			TOTAL FEE ENCLOSED			
Additional Info:								
Please enclose a cheque payable to 'Eborienteers'								

Send to: Ann Smith
 Weddow Hills
 Oulston Road
 Crayke
 York
 YO61 4TP