



eborienteers

invite you to the

8th York City Park Race Trophy

Bank Holiday Monday 26th May 2008

The National Railway Museum and York City Council have kindly given permission for a City Centre Race. Courses will take place through the Snickleways of York and the National Railway Museum. Competitors will be issued with pre-marked maps at scale 1:5000. SI electronic punching will be used.

Directions: Use any of the York Park and Ride schemes and they will drop you off in the City Centre. Come by train and the start is a short walk from the Station. Otherwise leave the A64 York bypass and head into the City Centre. Keep going straight on and after 1.8 miles you will join the inner ring road. Various car parks are signposted off the inner ring road. Registration, toilets, Start and Finish will all be situated in the heart of the city in St. Sampson's Square (outside Nevis Sport and Brown's department store). A good road atlas with a street plan of York should show the places mentioned above. See also www.york.gov.uk/parking. There are literally dozens of cafes and pubs within 10 minutes walk of the car park. You can leave clothing bags at the start/finish

Entries: Adults (21 and over) £6.50. E.O.D. £8.50 (£2 reduction on production of a 2008 British Orienteering National or YHOA Club local Membership card.)
Juniors (under 21) £2.50 E.O.D. £4.50
Course D The Micro O course suitable for wheelchairs and pushchairs is free.
A charge of £15 will be made for lost E-Cards
Limited entry on the day as numbers are restricted in the city centre.
Pre-entries by 15th May 2008, on the attached Entry Form (cheques made payable to Eborienteers) to:
Ann Smith
Weddow Hills
Oulston Road
Crayke
York YO61 4TP

Starts 10:00 to 12:00

Registration 9:30 to 11:30 (Limited entry on the day)

Get your start time on the day.

Courses close at 13:30 and awards ceremony as near to 13:00 as possible.

Enquiries should be posted to above address or Tel. 01347-821220

Trophies: Trophies for

1st	A Course - Open Men (M18+)
1st	B Course - Open Women (W18+)
1st	A Course - Mature Men (35+)
1st	B Course - Mature Women (35+)
1st	A Course - Veteran Men (50+)
1st	B Course - Veteran Women (50+)
1st	C Course - Junior Men/women (M16-)

Courses: There are 4 courses: A Men 5.0Km
 B Women 5.0Km
 C Short Men/women 2.5Km
 D Micro O course suitable for wheelchairs and pushchairs
 M/W 16 and under are only allowed on course C for safety reasons. Parents should be aware that even Course C uses roads, which, while mainly pedestrianised, do have traffic on them (e.g. deliveries and disabled) although this is very much restricted after 11:30.

Courses A, B & C involve navigating through the Snickleways and cobbled streets of York City Centre. All control sites will be manned.

Dogs: On lead in assembly area only.

Safety: Competitors take part at their own risk.

Officials: Planner: Steve Whitehead
 Controller: Mike Ridealgh
 Organiser: Ann Smith (01347-821220)

Entry Form

YORK CITY PARK RACE on 26th MAY 2008						
Contact Name: Address:						
Telephone:			E-Mail:			
DATA PROTECTION ACT: Details will be stored on computer. It will not be possible to enter anyone who objects						
E-CARD No OR 'HIRE'	GENDER M/F	AGE	NAME	CLUB	COURSE	FEE
<i>Hire</i>	<i>M</i>	<i>40</i>	<i>A N Other</i>	<i>A Club</i>	<i>A/B/C/D</i>	<i>£0.00</i>
					TOTAL FEE ENCLOSED	
Additional Info:						
Please enclose a cheque payable to 'Eborienteers'. Any Final Details and Results will appear on the EBOR web site at www.eborienteers.org.uk						

Send to: Ann Smith
 Weddow Hills
 Oulston Road
 Crayke
 York
 YO61 4TP