



Wykeham Forest Regional Event
Sunday, 5th April 2009
Final Details

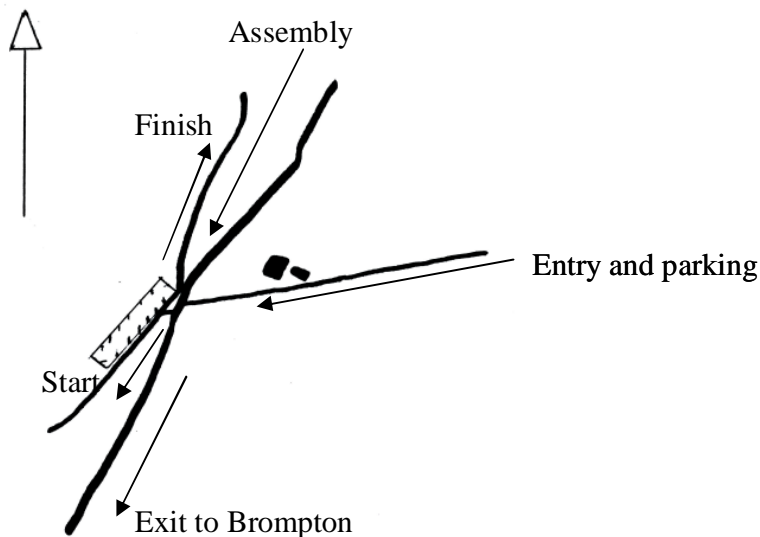
Travel Directions: Exit A170 at Brompton by Sawdon (7 miles west of Scarborough - grid ref: 947823). Travel north 2 miles to Sawdon. Continue on this road a further mile to turn right just before Granary Farm (grid ref: 930862). Follow road for another mile to turn left into forest road (grid ref: 939877). Continue along forest road to road side parking. A £1 parking charge will be collected.

Leaving the event: Drive towards assembly. Turn left at public road and head for Sawdon and Brompton.

Terrain: The area was last used for day 1 of White Rose 2006. The terrain provides an excellent test of technical skill on a slope of mixed forest with some interesting contour detail. Generally, it is very runnable.

Map: 1:10 000 with 5m contours. Based on a pg plot by Terrestrial Surveys Ltd and a previous 1984/85 orienteering map by Roberts Mapping. Survey and cartography (OCAD 8) by Mike Wimpenny for Acorn Maps, April -July 2006. Minor updates included in 2009.

Event Facilities: Parking on forest road starting 250m from the assembly area. On the day registration, enquiries, download, results, toilets, first aid etc will all be located within 100m of each other.



Road crossing: It is necessary to cross a public road on your way from parking to assembly. It is not a busy road but may have the occasional tractor, timber lorry, or sightseer going by. Please exercise due care when crossing.

Registration: 10:00 to 12:00

Starts: 10:30 to 12:30 Punching starts at minute intervals. There will be no call up, but you may have to wait a few minutes until a time is available on your course.

Courses close: 14:30

Colour Courses- Entry on the Day: Subject to map availability, courses will be available at a cost of £10.00 for seniors and £5.00 for juniors (Non BOF seniors should add an extra £2.00). Please complete the entry form (handed out at car parking or available at registration) and then take it to Registration with the correct money. E-Card hire is £1.00 for seniors and 20p for juniors. There will be a £28 charge on hired e-cards that are lost. A full range of colour courses will be available from White to Black

(including short courses in Green, Blue and Brown). There will also be a Long Orange course suitable for senior novices and a White Course suitable for junior novices available for entry on the day only, at a reduced entry fee. A string course will be available at no cost.

In accordance with the revised British Orienteering competition structure, competitors should enter the colour coded course of their choice. Recommended courses for age categories are as follows:

Colour Courses- Pre-entry: Pre-entered competitors may go directly to the start.

Course Details:

Colour	Class												Distance	Climb	Controls
BLACK	M21		2 part course		maps printed back to back					9.0km	320 m	28			
BROWN	M35	M40	2 part course		maps printed back to back					7.6 km	275 m	22			
SHORT BROWN	M18	M20	M45	M50	W21	M21S					6.7 km	240 m	17		
BLUE	M16	M55	M60	W35	W40	M35S	M40S					5.6 km	165 m	17	
SHORT BLUE	M65	W20	W18	W45	W50	M45S	M50S	W21S					4.5 km	140 m	12
GREEN	M70	W16	W55	W60	M55S	M60S	W35S	W40S					3.5 km	90 m	14
SHORT GREEN	M75	M80	W65	W70	W75	W80	M65S	M70S	W45S	W50S	W55S	W60S	3.1 km	80 m	12
LIGHT GREEN	M14	W14											3.1 km	90 m	10
ORANGE	M12	W12											2.9 km	75 m	8
YELLOW	M10	W10											2.1 km	75 m	11
LONG ORANGE													4.7 km	125 m	10
WHITE													1.4 km	45 m	9

All competitors will be competitive on all courses, so you are not obliged to enter the course recommended for your age class. Distances will be determined in accordance with the distance matrix published in the revised event guideline B which can be viewed on the British Orienteering website.

Start: This is approximately 300m from Assembly Area. Please allow 10 mins. No start times have been allocated. Just report to the pre-start where you will be allocated the first available start time. White and Yellow course maps will be available in the pre-start area. The Yellow course has butterfly loops which involve visiting one control three times during their course. Parents will be able to explain this if necessary. Please ask at enquiries if you need further advice. Clear stations will be close to the Start and Clear Check in starting lanes.

Control Descriptions: These will be on the map and loose ones will only be available at pre-start.

Finish: Located 500m from assembly area. Water will be located close to the finish. Follow the track uphill to the assembly area. Please remember to Download even if you retire.

String Course: This will be located in the assembly area.

Results: Provisional results will be displayed near to the assembly area. Any competitors needing results by post should leave an addressed envelope, with 30p inside, at Download.

Dogs: On lead at all times and they are not permitted in the wood.

Safety: Leg cover compulsory. Whistles are compulsory. Goggles may be required if there is adverse weather. Lone runners should leave their car keys at Enquiries. Competitors take part at their own risk. Eborienteers accept no liability for loss or damage to property or persons however caused.

Cancellation: In the event of cancellation due to unforeseen circumstances a notice will be posted on the Ebor website. Eborienteers reserve the right to retain all or part of the entry fee to cover costs.