

JUNIOR

Danny Figg	M20	EBOR	2.36
Mike Byron	M40	HALO	2.42
Vicky Bailey	W21	EBOR	3.11
Helen Meredith	W35	EBOR	3.12
Martyn Dean	M55	CLOK	3.24
Laura Bennett	W21	EBOR	3.33
John Smales	M60	EBOR	4.15
Daniel Meredith	M8	EBOR	6.53
Daniel Brennan	M10	EBOR	7.01
Joe Meredith	M5	EBOR	8.39

LONG

Mike Byron	M40	HALO	15.10
James Meredith	M40	EBOR	15.34
James Howlett	M20	EBOR	15.39
Danny Figg	M20	EBOR	15.55
Helen Meredith	W35	EBOR	16.26
Kevin Francis	M35	EBOR	16.26
Vicky Bailey	W21	EBOR	16.37
Theo Tattershall	M16	EBOR	17.37
Steve Whitehead	M65	EBOR	17.48
Martyn Dean	M55	CLOK	18.46
Bob Tattershall	M45	EBOR	19.24
Amanda Cooper	W50	EBOR	19.54
Simon Brown	M60	EBOR	19.57
Jeff Harris	M60	EBOR	20.04
Laura Bennett	W21	EBOR	21.43
James Carter	M45	EBOR	21.44
Huw Davies-Walters	M21		23.11
Abigail Carter	W35	EBOR	23.51
Vicky Todd	W35	EBOR	24.07
Allen Barnes	M75	CLARO	24.14
David Horn	M70	EBOR	24.18
Katie Howlett	W45	EBOR	24.51
John Smales	M60	EBOR	25.03
Liz Drew	W65	EBOR	25.39
Richard Clayton	M45		25.56
Neil Croasdell	M70	EPOC	26.09
Guy Goodair	M80	EPOC	26.54
Christopher Drew	M70	EBOR	28.01
Mike Ridealgh	M65	EBOR	29.59
Jackie Page	W65	EPOC	29.59
Sue Levinson	W60	EPOC	30.37
Jackie Barnes	W70	CLARO	31.19
Tony Pennick	M70	EBOR	31.59
Judith Goodair	W75	EPOC	32.11
Janet Todd	W65	EBOR	33.35
Susan Adams	W65	EBOR	38.39

MEDIUM

Danny Figg	M20	EBOR	09.00
James Howlett	M20	EBOR	10.33
Kevin Francis	M35	EBOR	10.43
Mike Byron	M40	HALO	10.59
Bob Tattershall	M45	EBOR	11.46
Steve Whitehead	M65	EBOR	11.46
Richard Clayton	M45		11.58
Martyn Dean	M55	CLOK	12.40
Theo Tattershall	M16	EBOR	13.03
Guy Goodair	M80	EPOC	13.09
Jeff Harris	M60	EBOR	13.37
Amanda Cooper	W50	EBOR	14.41
Allen Barnes	M75	CLARO	15.21
John Smales	M60	EBOR	16.35
Neil Croasdell	M70	EPOC	16.56
Christopher Drew	M70	EBOR	18.04
Jackie Barnes	W70	CLARO	18.08
Laura Bennett	W21	EBOR	19.38
Tony Pennick	M70	EBOR	21.18
Ismay+Jake Ambler	W9/ M7		22.34
Catherine Odell	W75	EBOR	22.47

SHORT

Danny Figg	M20	EBOR	05.54
James Howlett	M20	EBOR	06.51
Mike Byron	M40	HALO	06.58
Martyn Dean	M55	CLOK	07.40
Simon Brown	M60	EBOR	08.04
James Carter	M45	EBOR	09.09
Abigail Carter	W35	EBOR	09.12
Sue Levinson	W60	EPOC	10.22
Katie Howlett	W45	EBOR	10.45
John Smales	M60	EBOR	11.00
Allen Barnes	M75	CLARO	11.09
David Horn	M70	EBOR	11.21
Jackie Page	W65	EPOC	11.35
Catherine Odell	W75	EBOR	12.25
Phil Puckrin	M70	EBOR	13.09
Mike Ridealgh	M65	EBOR	20.00
Daniel Brennan	M10	EBOR	20.04

## **Comments**

Thank you all for coming to Strensall East. Blue sky and sunshine in late September – just right for running.

The area was smaller than Strensall West with fewer linking footpaths so the courses were slightly shorter than normal. Quite a few managed to run them all and the winning times were impressive. It just so happened that the only real option for parking provided added facilities and a playground for the younger participants.

I hope I've managed to sort out the glitches on the results but apologise if you spot any errors.

We're passing on equipment to Richard and Nicola Gover for next Saturday at Millennium Bridge – see you there.

Christine and Peter Roberts